

## Advanced First Aid

This expert-level program is designed for the person who needs or desires more first aid training than that for Basic First Aid certification, but not to the level of Emergency Medical Response. Perfect for corporate emergency response teams, this course presents many of the most common illnesses and injuries responders are likely to encounter.

### Participant pre-requisites

Current, valid professional-level BLS certification, if such training is not to be incorporated into the *Advanced First Aid* class.

### Course highlights

- Designed for non-EMS responders including government, corporate, industry, lifeguards, security personnel, law enforcement, corrections personnel and other individuals who are not EMS or healthcare providers
- Full-color printed materials and clear, concise course content
- 2-year certification

### Class topics include:

- Introduction to Anatomy
- Principles of Lifting, Moving and Positioning
- Airway Management and Rescue Breathing
- Principles of Assessment
- Caring for Medical Emergencies
- Caring for Soft Tissue Injuries and Shock
- Caring for Muscle and Bone Injuries
- Caring for Injuries to the Head and Spine
- Multiple-Casualty Incidents and Principles of Triage
- Childbirth

## Advanced First Aid

for Non-EMS Personnel

Instructor Resource Guide

**AMERICAN  
SAFETY &  
HEALTH  
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